

MADISON COMMUNITY HEALTH CONSORTIUM

A Healthy Carolinians' Task Force

**Communities and Agencies Working Together Toward a
Healthier Madison County**

MISSION STATEMENT

Madison Community Health Consortium is a partnership that seeks to improve the health of Madison County citizens by networking community agencies and groups in the on-going process of needs assessment, project development, implementation and evaluation.

COMMITTEES

Child Health
Community Health
Physical Fitness Council
Mental Health/Substance Abuse
Senior Games
Dental Advisory

The 2005 State of Madison County's Health Report is meant to serve as a review of the five Community Action Plan objectives that were established during the last Community Assessment which took place in 2003. The Report provides a brief review of community indicators, then reviews the 2010 objectives for each area, and finally lists activities that took place within the community to address the action areas during 2004 and 2005.

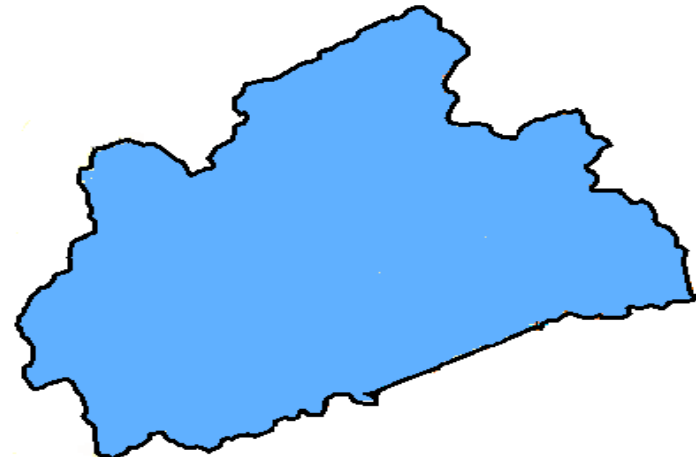
It took the work of many individuals and many agencies to accomplish such a large number of and wide range of activities.

Jan Lounsbury, RN
Interim Health Director
Madison County Health Department
November 28, 2005

For information on becoming a member of the Madison Community Health Consortium, or to volunteer for community projects, please call Deana Stephens at 649-9566 extension 4148.



The 2005 State of Madison County Health Report



DENTAL HEALTH

Community Indicator

200416.4% of Madison County children entering kindergarten are positive for tooth decay

2010 Objective

Reduce tooth decay in children by 10%

2004-2005 Activities

✓All elementary school students received dental screenings at the school health fairs.

✓Enhanced efforts to provide Tooth Bus services to the four elementary schools.

200415-20 children participated
2005over 60 children enrolled to receive services

✓75 pre-schoolers received fluoride varnish at Health Department

✓Dental health education was provided at child care facilities

✓Dental Advisory Committee continues to pursue dental facility for the county.

PHYSICAL ACTIVITY

Community Indicator

31% of seniors surveyed reported no participation in leisure time physical activity.

2010 Objective

Decrease the proportion of adults age 18 and over who engage in no leisure time activity.

2004-2005 Activities

✓Conducted physical activity needs assessment of local senior centers identifying the following needs:
•walking trails
•fitness equipment

✓Obtained Eat Smart, Move More PAN Grant

✓Maintained involvement in Madison County Senior Games.

OBESITY

Community Indicator

200115% of 2-4 year olds
18.8% of 5-11 year olds
40% of 12-18 year olds in Madison County were overweight.

2010 Objective

Reduce the percentage of children and adolescents who are overweight or obese.

2004-2005 Activities

✓“Active Steps Youth” program in place at four elementary schools.

✓Introducing “Be Active Kids” program to pre-school and kindergarten children.

✓Providing “Color Me Healthy” training to pre-schoolers and “SyberShop” to middle and high-school students.

✓Conduct annual “Back to School Fun and Fitness Day”. Participation has increased in 2005. to 120 children and 85 parents.

✓Received “Summertime Kids” grant to assist with funding “Back to School” program.

✓Conduct “Terrific Tuesday” program during the summer. Average attendance increased from 22 in 2004 to 57 in 2005.

RESPIRATORY ILLNESS

Community Indicator

From 1999-2001, there were 24 deaths from flu/pneumonia in the total population.

From 1995-1997, 54 children age 0-14 were hospitalized due to asthma.

2010 Objective

Increase the proportion of adults 65 and over who are vaccinated annually against influenza and reduce the rate of asthma-related hospitalizations.

2004-2005 Activities

✓253 asthmatics receive case-management services.

✓Asthma emergency action plans are in place in schools.

✓246 seniors received flu vaccine at the 2004 Health Fairs. 370 seniors received flu vaccine at the 2005 Health Fairs.

MENTAL HEALTH/ SUBSTANCE ABUSE Community Indicator

2004341 Madison County adults received mental health/substance abuse treatment.

2010 Objective

Increase the proportion of adults with mental illness and/or substance abuse issues who receive treatment.

2004-2005 Activities

✓Completed grid of mental health/substance abuse resource available to Madison County residents.

✓Provided mental health education at school health fairs.

✓Identified stigma issues within the community.

✓Health Department received WNC FISH (Families in Smoke-Free Homes) grant.

✓Madison County is one of five WNC counties that received Health and Wellness Trust Fund grant to assist with development of 100% Tobacco-Free Schools program.