

DIABETES WORKSHOP

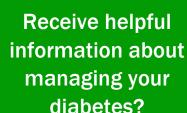
MARS HILL MEDICAL CENTER

WEDNESDAY, JULY 17TH, 5-7PM



For more information visit: www.hotspringshealth-nc.org or call 828-689-7343

Do you want to:



Take home recipes and meal planning ideas?



Gain tools to help you build healthy habits?



Meet others in your community who are dealing with diabetes?

HOT SPRINGS
HEALTH PROGRAM
Mars Hill Medical Center
119 Mountain View Rd.
Mars Hill, NC 28754